The **3-Item Loneliness Scale (Hughes et al., 2004)** is a brief measure derived from the **Revised UCLA Loneliness Scale** and assesses perceived social isolation.

**Scoring the 3-Item Loneliness Scale**

The scale consists of the following three questions, each rated on a **3-point Likert scale**:

1. **How often do you feel that you lack companionship?**
2. **How often do you feel left out?**
3. **How often do you feel isolated from others?**

**Response options:**

* 1 = Hardly ever
* 2 = Some of the time
* 3 = Often

**Total Score Calculation**

* Sum the scores of all three items.
* The total score ranges from **3 to 9**, with **higher scores indicating greater loneliness**.

**Interpreting Scores**

* **3-4:** Low loneliness
* **5-6:** Moderate loneliness
* **7-9:** High loneliness

Would you like information on using this scale in your study or how to analyze it statistically?